

**REPORT ON
SDG 3: GOOD HEALTH AND
WELL-BEING**



**SUMGAYIT STATE
UNIVERSITY**

**3: GOOD HEALTH AND
WELL-BEING**



Introduction

Sumgayit State University (SSU) is actively committed to achieving Sustainable Development Goal 3, "Good Health and Well-being". In order to fulfill its responsibility towards students, employees and society, Sumgayit State University (hereinafter referred to as the university) materializes the establishment of a healthy social environment, the establishment of mutual relations based on respect, and the prevention of discrimination through the 'Policy on Ethical Values' document. This policy document aims to set up a fair work environment in the university, provide students have fair access to educational opportunities, ensure sustainable development, generate an environment of mutual respect, protect the rights of employees and students, ensure academic integrity and accountability. This policy document covers all staff, students and management structures of the university.

Each member of the university must responsibly fulfill the ethical values and obligations reflected in this policy, and employees, students and other members of the organization must be provided with appropriate instructions regarding the values and obligations defined in the policy document. The University embraces diversity, integrity, respect and fairness as core ethical organizational values. These values should be applied to all activities of the university and are the basis of the life of the organization. One of the important functions of Sumgayit State University is to provide the necessary equipments and services to fulfil the duties of its departments, chairs, scientific and educational centres and other structural units as stipulated by law.



PSYCHOLOGICAL SERVICE

Sumgayit State University has been providing psychological services since 2018. Psychological services are provided in the following directions:



- To ensure that students' intellectual capabilities, personality-oriented potentials, natural capabilities and abilities, interests and inclinations are revealed in time, and maximally developed through training and education processes;
- If necessary, to determine the progress of mental development of students, compliance of development with age norms through diagnostic examination methods;
- To provide an individual approach in the process of educational work, to help the development of self-determination opportunities of students in the direction of personality, to reveal the level of development of their interests, inclinations and abilities;
- Diagnosing students' communication with seniors and group mates, determining the psychological causes of communication breakdowns;
- Identification of violations of a medical and defectological nature together with relevant profile specialists;
- To determine the forms and causes of social behavioral disorders, to carry out differential diagnosis of various deviations manifested in mental development;



Psychologists provide counseling services to students and teachers within the university, support in solving stress and other emotional problems. The next event was held under the joint organization of the department of pedagogy and psychology on the topic "The role of social-psychological factors in the formation of student personality". In the modern era, issues such as identity, its formation, structure, and the essence of the concept of identity have been put forward in general.



On June 19, an event on "Exam stress management" was held at the Psychological Service Center operating under Sumgayit State University.





Sungayit State University operates a free medical center to protect the health of employees and students. The following services are provided by the medical center:

- providing primary emergency medical care;
- providing recommendations on the formation of a healthy lifestyle;
- if necessary, referring employees and students to appropriate hospitals for examination and treatment
- identification of infectious diseases;
- regular implementation of sanitary-hygienic education among employees and students of the university;



World AIDS Day is celebrated on December 1 every year. Acquired Immune Deficiency Syndrome - AIDS is a disease that a person "acquires", knowingly or unknowingly, as a result of subsequent activities. For this purpose, Sumgayit State University organizes events every year and educates students. On December 3, at Sumgayit State University, an educational event was held under the motto "Participate and find out your HIV status" on "World AIDS Day" in cooperation with the AIDS Center of the Ministry of Health and the Sumgayit City branch of the Red Crescent Society.



At Sumgayit State University, events are held on the topics of AIDS, health, dissemination of humanitarian values, and first aid to educate students. One of such events is the charity blood donation campaign "For the sake of humanity" organized by the Sumgayit city branch of the Red Crescent Society and Sumgayit City Central Blood Bank of the Ministry of Health on April 10 with the aim of helping thalassemia patients. The main goal of the campaign is to support those suffering from hereditary blood diseases and to draw the attention of the society to this issue.



On April 19, the Sumgayit city branch of the Red Crescent Society and the Sumgayit State University held a Blood Donation campaign for hemophilia and thalassemia patients under the motto "Give blood, live" at our university, as every year. Students and teachers of the university, including employees, as well as representatives of enterprises and organizations operating in the city voluntarily participated in the charity event. The purpose of the charity event is to support people suffering from blood diseases and, if necessary, our soldiers wounded in frontline incidents, by meeting their blood needs.



At Sumgayit State University, an event was held on the topic "Let's say no to drug addiction" dedicated to the implementation of relevant educational work among young people. Detailed information was provided on the negative effects of drug addiction on people's lives and health, moral values and socio-economic development, the legal basis of the fight against the consequences of drug addiction, and other issues. It was also emphasized that the fight against the consequences caused by drug addiction, which is a great problem for humanity, is always relevant, and that measures against drug addiction are always the focus of the country's leadership.



On April 12, Sumgayit State University organized an online event dedicated to the fight against drug addiction, organized by the Student Youth Organization.



June 26 - on the eve of the "International Day of Combating Drug Abuse and Illegal Trafficking", a series of events are held by the State Commission's permanent working group together with relevant institutions.



On October 28, an educational event against drug addiction was held at the Faculty of Philology of Sumgayit State University.



On October 31, an educational event called "Say no to drug addiction for the sake of a healthy future" was held at Sumgayit State University according to the Training Plan for the implementation of the "2019-2024 State Program on Illegal Trafficking of Narcotics and Psychotropic Substances".



In accordance with the recommendations of the President of the Republic of Azerbaijan regarding the medical examination of the population, the next medical examination of the population was held from February 15 to May 15, 2017 in medical institutions in all settlements of the country. In order to organize this important event at a high level, the city and district executive authorities are carrying out all the organizational work together with the health authorities, necessary measures are being taken to involve citizens in a comprehensive medical examination by conducting explanatory and educational work among the population. Doctors working in Sumgayit city medical institutions visited our university on March 15 to conduct a medical examination of the staff of SSU.

On April 26, an educational event on first aid was held by the Sumgayit city branch of the Red Crescent Society at Sumgayit State University.



Technical Supply Department operates at Sumgayit State University.



- **Center for Information Technologies:** It implements the use of ICT equipment in the field of teaching and scientific research at SSU, the creation and improvement of a single computer network, the website, the organization of their work, the organization and regulation of work in the field of ensuring quality and continuous Internet connection. It provides technical support for the formation and expansion of relevant databases and existing information management systems.
- **Civil Defense and fire protection headquarters:** Solving Civil Defense issues, ensuring the implementation of preventive measures in preventing the occurrence of emergencies.
- **The Department of Economics** carries out work on economic service in the structural units of the university, in the Student House and fulfills certain obligations. The housekeeping department ensures the maintenance of equipment, their restoration, as well as the cleanliness of rooms, auditoriums and attached areas.
- **The technical operation department** ensures uninterrupted operation of the energy carrier and electricity of the production area. It ensures uninterrupted, technically correct operation and maintenance of technical equipment.
- **The supply department** carries out work related to the university's equipment, stationery, household goods. The department ensures efficient use of the warehouse, receipt, placement and release of goods entering the warehouse.

Fiziki aktivlik



Gymnasiums and various sports events are organized for SSU students.

Sports sections, competitions and activity opportunities are provided to support the physical health of students.



Sports club has been operating at Sumgayit State University since 02.10.2015 for the purpose of physical health of students and employees, effective organization of free time and creating interest in various types of sports.

Inclusive Education Center operates at Sumgayit State University.

On April 1, a training was held at Sumgayit State University within the framework of the "Expansion of inclusive education in Azerbaijan" project jointly implemented by the European Union, UNICEF and the Ministry of Education.



Since our disabled citizens are one of the groups of society that need the most care, it is important to pay attention to them. Most of them need spiritual help more than financial or any other help. For this purpose, an event was held on December 1 in connection with the International Day of Disabled Persons at Sumgayit State University, jointly organized by the Student Union Committee and the Center for Inclusive Education.





Welfare and Culture

The university offers students various cultural events, seminars and social programs. These programs make the social life of students more interesting and meaningful.

- Since 2000, the Club has been operating at Sumgayit State University. “Sema” dance group, “Renaissance” student theater, decorative and applied arts association, “Student” musical ensemble are active in the club.
- From September 6, 2024, the Center of Excellence was established at Sumgayit State University. The priority task of the center is to effectively organize the free time of students and employees at the University, as well as to support their academic success, knowledge and skills acquisition, student clubs and associations. Center helps students and employees to increase their self-confidence by spending their extracurricular activities effectively in social, cultural, art, and sports fields.





Healthy eating

Canteens and canteens operate in the university to ensure balanced nutrition of students. Students can get healthy and affordable food. There are canteens for students and teaching staff in every academic building of Sumgayit State University. Canteens are equipped with modern equipment. All sanitary rules are followed here and meals are prepared daily.





On April 3, the Heydar Aliyev Center of Sumgayit State University held a round table dedicated to the topic "The principle of social welfare and justice is the strategic line of state policy". The main condition of social welfare state building is to raise the state of social welfare of the population to a high level, to achieve high socio-economic development. Care of citizens and the creation of necessary conditions for meeting their material and moral needs are among the priorities of the state of Azerbaijan.

